



Mindfulness Teacher Training Programme Application Form

Please complete this application form to apply for the Awaken Mindfulness Teacher Training Programme. Your responses will help us assess your suitability for the programme and tailor our training to your needs.

Personal Information:

Full Name: _____

Date of Birth: _____

Gender: _____

Email: _____

Phone Number: _____

Address: _____

Educational Background:

1. Highest Educational Qualification: _____

Institute/University: _____

Year of Completion: _____

2. Other Relevant Certifications or Training (if any):

Professional Experience:

3. Please describe your current occupation and any relevant work experience:

4. Have you attended any mindfulness retreats, workshops, or training in the past? If yes, please provide details:

Motivation and Goals:

5. What inspires you to become a mindfulness teacher and why do you want to undertake this training?

6. What are your expectations and goals for completing the Mindfulness Teacher Training Programme?

Teaching and Communication:

7. Do you have any previous experience in teaching, facilitation, or public speaking? If yes, please provide details:

8. How comfortable are you with leading and guiding groups of people in mindfulness practices and discussions?

Diversity and Inclusivity:

9. How do you plan to create an inclusive and culturally sensitive environment when teaching mindfulness?

Commitment:

10. Are you committed to attending all the required training sessions, both in-person and online, throughout the duration of the programme? (Yes/No)

Additional Information:

11. Please provide any additional information you think is relevant to your application:

Declaration:

By submitting this application, I acknowledge that the information provided is accurate and complete to the best of my knowledge. I understand that my acceptance into the Awaken Mindfulness Teacher Training Programme is subject to review and confirmation.

Signature: _____ Date: _____

Submission:

Please email this completed application form to dom@angusfordrobertson.com. You will receive a confirmation email upon receipt.

For any other enquiries, please contact us at on info@angusfordrobertson.com